



All Day
BREAKFAST



From the
GRILL



Main
MEALS



Lighter
CHOICES

WE ARE OPEN EARLY UNTIL LATE 7 DAYS A WEEK

All Day BREAKFAST

Served from 7am until 9pm

Large Breakfast £8.95

Two rashers of bacon, two sausages, free range fried, poached or scrambled eggs, mushrooms, grilled tomato, baked beans, hash brown & toast

Full Breakfast £6.95

One rasher of bacon, one sausage, free range fried, poached or scrambled eggs, mushrooms, tomato, hash brown, beans & toast



Vegetarian Breakfast £8.50

Two vegetarian sausages, free range fried, poached or scrambled egg, mushrooms, tomato, 2 hash browns, beans & toast

Extras

Toast	95p
Fried bread	95p
Bacon (2)	£1.75
Sausage (2)	£1.95
Beans, mushrooms or hash browns	95p each

Breakfast in a Bun £5.50

Two slices of bacon, two pork sausages & a free range fried egg

Three Sausage Bap or Sandwich £4.50 with an egg £4.95

Three Rashers of Bacon Bap or Sandwich £3.95 with an egg £4.50

Bacon & Sausage Sandwich or Roll £4.95

Beans on Toast £3.95

On either white or brown toast

Scrambled Eggs with Smoked Salmon £6.95

2 Fried, Poached or Scrambled Egg on Toast £3.95

On either white or brown toast

Toast & Preserves £1.50

BAGUETTES

Bacon	£4.95
Sausage	£4.95
Bacon & Sausage	£5.95
Add egg	55p

VEGETARIAN

 Please ask if you require any dishes to be vegan

Sundried Tomato, Olive & Pepper Spaghetti £10.50

Served in a rich tomato sauce & garlic bread

Chick Pea & Vegetable Curry Rice or chips & naan bread £10.50

Mushroom Stroganoff Rice & garlic bread £10.50

Macaroni Cheese Salad & garlic bread £10.50

Baked Portobello Mushroom £9.95

With pesto, parmesan, salad and potato wedges

STARTERS

Soup of the Day £4.95

Pork Spare Ribs with a chilli & Jack Daniel's Glaze £7.50

Southern Fried Chicken Strips with Texan BBQ sauce £6.50

Smoked Salmon Platter with capers, lemon & black pepper £6.95

Baked Portabello Mushroom stuffed with cornish blue cheese £5.95

Timbale of Prawns with crispy chorizo £7.50

GRILL

Served with grilled tomato, portabello mushroom, beer battered onion rings, peas & chips (upgrade to wedges or sweet potato fries for 50p)

12oz Rump steak £18.95

6oz Rump steak £13.95

8oz Sirloin steak £17.95

8oz Gammon steak with fried eggs £11.95

Trethorne Mixed Grill

Rump steak, pork steak, lamb cutlet, gammon steak & pork sausage, tomato, mushroom, onion rings, chips & peas

£19.95

Sauces: Peppercorn, Cornish Blue Cheese or Dianne £2.95

BURGERS

Served in a toasted bap with leaves, tomato, gherkins, chilli jam, coleslaw & chips or fries (upgrade to sweet potato fries or wedges for 50p)

Trethorne Signature Burger

6oz steak burger, cheese, bacon, onion rings & fried egg

£12.95

Cheese Burger

6oz steak burger

£10.50

The Piggy Back

6oz steak burger, chilli & Jack Daniels pulled pork, bacon & cheese

£13.95

Pulled Pork

Chilli, Jack Daniels pulled pork & cheese

£10.50

Cajun

Cajun spiced chicken breast

£10.50

Southern Fried Chicken Breast

In a crispy southern fried coating

£10.50

DoubleUP

An extra 6oz burger, Cajun chicken burger or souther fired chicken burger on any of the burger options for £4.00

BURGERS

Extras

Bacon	£1.00
Fried Egg	£1.00
Onion Rings	£1.00
Fried Onions	50p
Cheese	50p



Main MEALS

Korev & Lemon Battered Cod & Chips

Peas or mushy peas, chips & tartare sauce

£11.95

Hunters Chicken

Grilled chicken breast, topped with our chilli & Jack Daniels BBQ sauce, cheese & bacon, with wedges & coleslaw

£12.95

Honey Roasted Ham

Free range fried eggs & chips

£10.50

Whole Tail Scampi

Chips, peas & tartare sauce

£11.95

Curry of the day

Rice or chips & naan bread

£10.95

Chicken Caesar Salad

Grilled chicken & bacon, cos lettuce, croutons & parmesan

£10.95

Spaghetti Carbonara

Bacon, mushrooms & parmesan in a creamy garlic sauce with garlic bread

£10.95

Spaghetti Carbonara with Chicken

£14.95

Traditional Italian Beef Lasagne

Served with side salad, garlic bread & chips

£10.95



Light MEALS

Plain Omelette

£7.50

Fluffy Three Egg Omelette

With 2 fillings

£8.95

cheese, ham, chorizo, mushrooms, peppers, tomato or red onion, with French fries & salad

Extra fillings

50p each

Trethorne Club Sandwich

£8.50

Toasted triple-decker sandwich, with grilled bacon, sliced tomato, lemon & pepper chicken breast, mixed leaves & mayonnaise

Oven Baked Jacket Potatoes

With side salad and coleslaw

Cheese

£6.95

Cheese & beans

£7.50

Tuna mayonnaise & spring onion

£7.95

Prawns & marie rose

£8.95

Pulled Pork & cheese

£8.95

Cheese bacon & mushroom

£7.95

Loaded Potato Wedges

Topped with bacon and cheese

£5.95

Topped with cheese and pulled pork

£8.95



Sandwiches & BAGUETTES

White or malted bread or freshly baked baguette, potato fries & dip (upgrade to sweet potato fries for 30p)

	Sand	Bag
Cheddar Cheese & Honey Roast Ham	£5.95	£6.95
Mature Cheddar & Sweet Pickle	£5.95	£6.95
Lemon & Pepper Roast Chicken, Lettuce & Mayonnaise	£5.95	£6.95
Roast Beef & Horseradish	£5.95	£6.95
Smoked Salmon & Sour Cream	£6.50	£7.50
Tuna Mayonnaise, Spring Onion & Lettuce	£5.95	£6.95
Bacon, Lettuce & Tomato	£5.95	£6.95
Sausages & Red Onion Chutney	£5.95	£6.95
Brie, Bacon, Tomato & Black Pepper	£5.95	£6.95
Lemon & Black Pepper Chicken & Bacon	£5.95	£6.95
Cajun Chicken & Sour Cream Baguette		£8.95
Prawn & Marie Rose with baby leaves	£6.50	£7.50
Rump Steak, Cornish Blue & Red Onion Marmalade Baguette		£9.50
Southern Fried Chicken Baguette with mayo & cos lettuce		£8.95

Daily SPECIALS

DON'T FORGET TO CHECK OUR DAILY SPECIALS BOARD IN THE BAR

All meals may contain nuts or nut derivatives. Fish may contain small bones. All meals are cooked fresh, if you require your meal gluten free please ask.

PANINI

potato fries and dip (upgrade to sweet potato fries for 30p)

BBQ Pulled Pork & Cheddar	£7.95
Chorizo, Pepper & Cheddar	£6.95
Tomato, Cheddar & Pesto	£6.50
Brie & Cranberry	£6.50
Bacon & Brie	£6.95
Cornish Cheddar & Honey Roast Ham	£6.95
Cornish Yarg, Red Onion & Chilli Jam	£6.50
Tuna & Cheddar Melt	£6.95

Side ORDERS

Chips	£2.95
Fries	£2.95
Sweet Potato Fries	£3.75
Wedges	£3.75
Cheesy Chips	£3.50
Cheesy Fries	£3.50
Cheesy Sweet Potato Fries	£4.50
Cheesy Wedges	£4.50
Onion Rings	£2.75
Garlic Bread	£3.50
Garlic Bread with Cheese	£3.95
Coleslaw	£1.00



KIDS

Mac n cheese
Beef Burger
(with cheese) & Chips
Battered Fish Fingers,
Chips & Peas
Chicken Bites Chips & Beans
Scampi Chips & Peas
Sausage Chips & Beans
Ham Egg & Chips

£5.95
including a scoop
of ice cream and
a soft drink

**PLEASE ASK FOR OUR DAILY
SELECTION OF FRESH DESSERTS**

Sunday CARVERY

From £10.95

DESSERTS FROM £4.95

EVERY SUNDAY

from 12pm-3pm

*Kids
under 10
Eat FREE**



Enjoy our brand new

Play Area



THIS MENU IS ALSO AVAILABLE ON SUNDAY'S



TRETHORNE HOTEL & GOLF CLUB

Kennards House, Launceston,
Cornwall PL15 8QE
T. 01566 86903 F. 01566 880925
E. reservations@trethornegolfclub.com
W. trethornegolfclub.com



BORINGDON PARK & GOLF CLUB

55 Plymbridge Road, Plympton,
Plymouth, Devon PL7 4QG
T. 01752 339113
E. info@boringdonpark.com
W. boringdonpark.com

